

soylent

Powder - Original (v1.8)
United States

Nutrition Facts

5 Servings Per Container

Serving Size two rounded scoops (87g)

Amount Per Serving

Calories **400**

% Daily Value*

Total Fat 20g **26%**

Saturated Fat 1.5g **8%**

Polyunsaturated Fat 3.5g

Monounsaturated Fat 14g

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 320mg **14%**

Total Carbohydrate 39g **14%**

Dietary Fiber 5g **20%**

Soluble Fiber 5g

Total Sugars 15g

Includes 15g Added Sugars **30%**

Protein 20g

Vitamin D 2mcg 20% • Calcium 200mg 20%

Iron 3.6mg 20% • Potassium 700mg 20%

Vitamin A 20% • Vitamin C 20%

Vitamin K 20% • Vitamin E 20%

Riboflavin 20% • Thiamin 20%

Vitamin B6 20% • Niacin 20%

Vitamin B12 20% • Folic Acid 20%

Choline 20% • Biotin 20%

Iodine 20% • Magnesium 20%

Zinc 20% • Selenium 20%

Copper 20% • Manganese 20%

Chromium 20% • Molybdenum 20%

Pantothenic Acid 20%

INGREDIENTS: SOY PROTEIN ISOLATE, HIGH OLEIC CANOLA OIL, MALTODEXTRIN, ISOMALTULOSE, SOLUBLE CORN FIBER, MODIFIED FOOD STARCH, POTASSIUM CHLORIDE, MAGNESIUM PHOSPHATE, TRICALCIUM PHOSPHATE, SOY LECITHIN, DIPOTASSIUM PHOSPHATE, MONO & DIGLYCERIDE, SALT, CHOLINE CHLORIDE, NATURAL FLAVOR, XANTHAN GUM, SODIUM ASCORBATE, MIXED TOCOPHEROL, DL-ALPHA-TOCOPHERYL ACETATE, FERROUS GLUCONATE, ZINC SULFATE, D-CALCIUM PANTOTHENATE, NIACINAMIDE, SUCRALOSE, THIAMINE HYDROCHLORIDE, COPPER GLUCONATE, PYRIDOXINE HYDROCHLORIDE, MANGANESE SULFATE, RIBOFLAVIN, VITAMIN A PALMITATE, POTASSIUM IODIDE, CHROMIUM CHLORIDE, BIOTIN, FOLIC ACID, SODIUM MOLYBDATE, PHYTONADIONE, SODIUM SELENITE, VITAMIN D2, VITAMIN B12.

CONTAINS: SOY.

MANUFACTURED FOR ROSA FOODS, INC.
LOS ANGELES, CA 90013

While not intended to replace every meal, Soylent can replace any meal.

Children, women who are pregnant, nursing, or may become pregnant should consult their doctor before consuming Soylent. Please refer to soylent.com/notes for more information.

Soylent® is a trademark of Rosa Foods, Inc.

**THE % DAILY VALUE TELLS YOU HOW MUCH A NUTRIENT IN A SERVING OF FOOD CONTRIBUTES TO A DAILY DIET. 2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE.*

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Powder - Cacao (v1.9)
United States

Nutrition Facts

5 Servings Per Container

Serving Size two rounded scoops (90g)**Amount Per Serving****Calories** **400****% Daily Value*****Total Fat** 20g **26%**Saturated Fat 2.5g **13%**

Polyunsaturated Fat 4g

Monounsaturated Fat 13g

Trans Fat 0g

Cholesterol 0mg **0%****Sodium** 320mg **14%****Total Carbohydrate** 41g **15%**Dietary Fiber 6g **21%**

Soluble Fiber 4g

Total Sugars 15g

Includes 15g Added Sugars **30%****Protein** 20g

Vitamin D 4mcg 20% • Calcium 260mg 20%

Iron 3.6mg 20% • Potassium 940mg 20%

Vitamin A 20% • Vitamin C 20%

Vitamin K 20% • Vitamin E 20%

Riboflavin 20% • Thiamin 20%

Vitamin B6 20% • Niacin 20%

Vitamin B12 20% • Folic Acid 20%

Choline 20% • Biotin 20%

Iodine 20% • Magnesium 20%

Zinc 20% • Selenium 20%

Copper 20% • Manganese 20%

Chromium 20% • Molybdenum 20%

Pantothenic Acid 20%

INGREDIENTS: SOY PROTEIN ISOLATE, HIGH OLEIC CANOLA OIL, ISOMALTULOSE, MALTODEXTRIN, COCOA POWDER, MODIFIED FOOD STARCH, SOLUBLE CORN FIBER, NATURAL AND ARTIFICIAL FLAVORS, SOY LECITHIN, TRICALCIUM PHOSPHATE, MAGNESIUM PHOSPHATE, POTASSIUM CHLORIDE, DIPOTASSIUM PHOSPHATE, SALT, MONO & DIGLYCERIDE, XANTHAN GUM, CHOLINE CHLORIDE, MIXED TOCOPHEROL, SODIUM ASCORBATE, SUCRALOSE, ZINC GLUCONATE, DL-ALPHA-TOCOPHERYL ACETATE, NIACINAMIDE, FERROUS FUMARATE, MANGANESE SULFATE, D-CALCIUM PANTOTHENATE, COPPER GLUCONATE, VITAMIN A PALMITATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, FOLIC ACID, POTASSIUM IODIDE, CHROMIUM CHLORIDE, PHYTONADIONE, SODIUM SELENITE, SODIUM MOLYBDATE, BIOTIN, VITAMIN D2, VITAMIN B12. **CONTAINS: SOY.**

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