
Our mission

Expand access to quality nutrition through food system innovation.

Soylent Drink

We are happy to introduce Soylent Drink, a ready-to-drink Soylent packaged in 400-calorie, single serving bottles. This new version is pasteurized and will remain fresh for up to one year, even without refrigeration. Our glycemic index testing indicated that Soylent Drink is designated as low GI (GI=49). The macronutrient breakdown is 47 percent fats, 33 percent carbohydrates, and 20 percent protein. The vitamins and minerals in this formulation are designed to provide 100 percent daily values over 2000 calories, or 5 bottles.

Ingredients

Soy Protein Isolate

We have transitioned to soy protein isolate in Soylent Drink. The benefits include higher PDCAAS score (improved digestibility and better amino acid profile), smoother texture, and a level of purity from inorganic compounds not possible with other plant proteins.

Isomaltooligosaccharide (IMO)

This new ingredient is a soluble, prebiotic fiber composed of short chains of partially digestible carbohydrates. Isomaltooligosaccharides support the growth of beneficial gut bacteria and promote a gut environment that resists colonization by harmful microorganisms. It produces the fewest gastrointestinal side effects of all common prebiotic fibers.

Oat Fiber

Oat fiber serves as an insoluble fiber with smooth texture and mouthfeel.

Drink Release Notes

Updated June 2017

Gellan Gum

This is a bacterially derived polysaccharide that produces excellent suspension of the solids in Soylent Drink.

Enjoying Soylent Drink

- 1) Chill
- 2) Twist
- 3) Enjoy

Consume within three days after opening. Soylent 2.0 has a one year shelf life before opening.

That's it.

Nutrition Facts

1 Serving Per Container

Serving Size 1 bottle (414 mL)

Amount Per Serving

Calories 400

% Daily Value

Total Fat 21g 32%

Saturated Fat 1.5g 8%

Polyunsaturated Fat 3.5g

Monounsaturated Fat 16g

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 300mg 13%

Total Carbohydrate 36g 12%

Dietary Fiber 3g 12%

Soluble Fiber 1g

Total Sugars 9g

Includes 9g Added Sugars 18%

Protein 20g

Vitamin D 2mcg 20% • Calcium 200mg 20%

Iron 4mg 20% • Potassium 700mg 20%

Vitamin A 20% • Vitamin C 20%

Vitamin K 20% • Vitamin E 20%

Riboflavin 20% • Thiamin 20%

Vitamin B6 20% • Niacin 20%

Vitamin B12 20% • Folic Acid 20%

Choline 20% • Biotin 20%

Iodine 20% • Magnesium 20%

Zinc 20% • Selenium 20%

Copper 20% • Manganese 20%

Chromium 20% • Molybdenum 20%

Pantothenic Acid 20%

INGREDIENTS: FILTERED WATER, SOY PROTEIN ISOLATE, MALTODEXTRIN, HIGH OLEIC SUNFLOWER OIL, ISOMALTULOSE, CANOLA OIL, RICE STARCH, OAT FIBER, ISOMALTOOLIGOSACCHARIDE, SOY LECITHIN, POTASSIUM CHLORIDE, CALCIUM PHOSPHATE, MAGNESIUM PHOSPHATE, NATURAL & ARTIFICIAL FLAVORS, DIPOTASSIUM PHOSPHATE, SALT, CHOLINE CHLORIDE, GELLAN GUM, SODIUM ASCORBATE, DL-ALPHA-TOCOPHERYL ACETATE, FERROUS GLUCONATE, ZINC SULFATE, D-CALCIUM PANTOTHENATE, NIACINAMIDE, SUCRALOSE, THIAMINE HYDROCHLORIDE, COPPER GLUCONATE, MANGANESE SULFATE, PYRIDOXINE HYDROCHLORIDE, VITAMIN A PALMITATE, RIBOFLAVIN, CHROMIUM CHLORIDE, BIOTIN, FOLIC ACID, SODIUM MOLYBDATE, SODIUM SELENITE, PHYTONADIONE, POTASSIUM IODIDE, VITAMIN B12, VITAMIN D. **CONTAINS: SOY**

MANUFACTURED FOR ROSA FOODS, INC.
LOS ANGELES, CA 90012

While not intended to replace every meal, Soylent can replace any meal.

Children, women who are pregnant, nursing, or may become pregnant should consult their doctor before consuming Soylent. Please refer to soylent.com/notes for more information.

Soylent® is a trademark of Rosa Foods, Inc.

*THE % DAILY VALUE TELLS YOU HOW MUCH A NUTRIENT IN A SERVING OF FOOD CONTRIBUTES TO A DAILY DIET. 2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE.

Drink Release Notes

Updated June 2017

Contact us

If reporting an issue with your shipment, please include photos and lot number (printed on the pouch and the box) if possible.

We want to hear from you. Do you love Soylent? Tell us! Do you think we could be doing something better? Tell us! Send your feedback to info@soylent.com

You can also find us on social media, follow us and join the conversation:

@soylent



The fine print

Soylent's nutritional profile is formulated to meet the needs of the average adult *Homo sapiens*. There are certain populations whose nutritional requirements may differ significantly from the average, and we recommend that those individuals consult their doctor before consuming Soylent. These populations include children under the age of 10, and women who are pregnant, nursing, or may become pregnant.

For this reason, Soylent packaging includes the following message:

Children, women who are pregnant, nursing, or may become pregnant should consult their doctor before consuming Soylent.

New regulation will begin requiring labeling for products that are made using genetically engineered components. This regulation will be required only in some states, but we have chosen to label all of our packaging.

Drink Release Notes

Updated June 2017

For this reason, Soylent packaging includes the following message:

 **Produced with
genetic engineering.**

To learn more about Soylent's use of GMOs, visit soylent.com/gmo